

TEENAGE MOTHERS' CHARTER

Background

There has been a rising number of new teenage pregnancies in our country and across Kiambu county too since the Covid-19 pandemic started. This upsurge has also exposed a threat in new HIV infections and SGBV among this population. As the perpetrators are apprehended, prosecuted and even sentenced, most victims remain chained in a lot of bitterness, emotional and mental trauma that not only affect the individuals but also the families and community at large.

The Teenage mothers CP is made up of young mothers in their teen years. The members are majorly from low social economic status background. Kabete and Thika Sub counties have already functional Teenage Mothers CPs.

Goals.

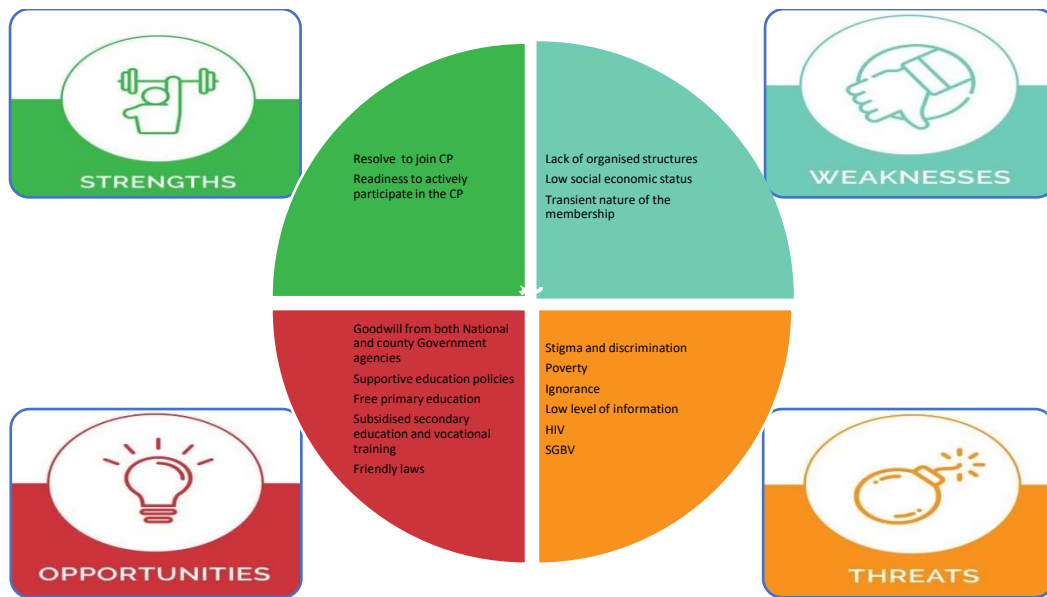
- Be a voice against GBV and teenage pregnancy.
- Spearhead mentorship programmes on advocacy against teenage pregnancy.
- Mobilise girl teenagers and create awareness on consequences and burden of teenage motherhood
- Reduce drug intake and addiction among teenagers.



Objectives.

- To promote the welfare of the teenage mothers
- To reduce teenage pregnancies.
- To restore human dignity of the teenage mothers
- To prevent new HIV infections
- Economic empowerment

SWOT ANALYSIS



CORE ACTIVITIES

Health

- ❖ Prevention of new HIV infections
- ❖ Support of PMTC program
- ❖ STI screening and treatment
- ❖ HIV sensitization
- ❖ Sensitization on Mental Health
- ❖ Reduction of alcohol and substance abuse
- ❖ General hygiene and self-care
- ❖ Prevention of SGBV
- ❖ Sensitization and demand creation for contraceptives
- ❖ Menstrual hygiene
- ❖ Referrals and linkages to the health systems

Non-Health



- ✚ General welfare
- ✚ Moral support
- ✚ Economic empowerment

Priority activities

- Health education
- To engage, restore and sustain the human dignity of the teenage mothers.
- Taking back the teenage mother to school
- Mobilization for uptake of Health services for the mothers and their children
- Create linkage between pregnant teenage mothers and health services for safe delivery.
- To resource mobilise for the CP activities
- School based programs
- Organise quarterly workshops with professionals for technical support on identified priorities.

Approach to programming and implementation.

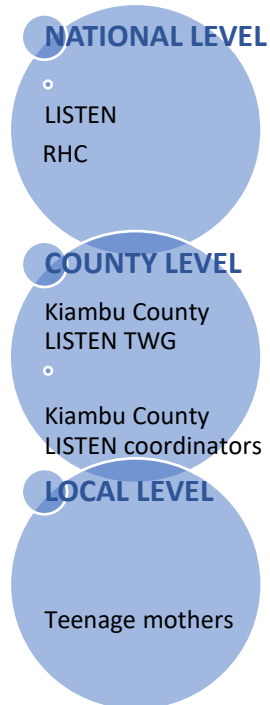
- To have support groups in all wards.
- Peer to peer engagement
- Have mentors and anchors to guide the group.
- Register the group with Department of Gender and Social services in order to access national and county opportunities

Support required from LISTEN

- ✓ Logistical support for sensitizations, trainings and workshops
- ✓ Vocational training
- ✓ Business Start-up kits
- ✓ Establishment of the CP in all the 60 wards in Kiambu

Monitoring and evaluation.

- ODK reports
- Activity reports
- Feedback meetings with LISTEN and County coordinators



TEENAGE MOTHERS CP COORDINATION STRUCTURE